"The well-being of the patients is important to me"

Markus Backmund has opened an acute psychiatric clinic for our society’s top performers

MARKUS BACKMUND: My research projects are based on questions about how I can improve problematic treatment situations of seriously ill people in the health system. My commitment to daily treatment is tailored to the needs of the patient.

But what does this have to do with the opening of your acute clinic in Tutzing?

At first, I only got a sharp headwind for my work for very poor people who were marginalized in society. However, the research prevailed. Among other things, through my research work. At the time, conventional medicine, which was rejected by conventional medicine but was helpful for the sick, prevailed in 1990s. That’s how I became a university outsider and became a professor. When I opened my “Praxiszentrum im Tal” for internal medicine, addiction medicine and psychotherapy, I found that not only the marginalized outsiders of society suffer from mental illnesses, but that this problem also affects top performers such as entrepreneurs or colleagues of mine.

The chances of recovery are different. Depending on the clinical picture. But the chances that you can positively influence the course of the disease are very large. Some patients will have to carry on and again, others only need an acute hospital stay and can then be treated on an outpatient basis.

After their discharge, the patients will continue to be accompanied by you and your team.

Of course. We arrange an appointment with a psychiatrist or psychotherapist whom the patient knows during the inpatient stay. If the patient has not yet been treated, we will take care of qualified outpatient treatment.

Interview: Christoph Bartscherer

The P3 Clinic is a private clinic for psychiatry, psychotherapy and psychooncology. As the “Center of Excellence” it stands for the latest scientific findings, university level and a pleasant, discreet atmosphere.

Head Prof. Dr. med. Markus Backmund, MBAstandard Nikki, chief physician PD Dr. med. Philipp Nitsch, has been an important step for the patient. Hospitalization is possible immediately. Contact: P3 Klinik, Brunauerstraße 1a, 82327 Tutzing, ☎ 08158-9042150; admissions hotline: 0151-50528410 admissions hotline: 0151-50528410, admissions hotline: 0151-50528410, admissions hotline: 0151-50528410, admissions hotline: 0151-50528410, admissions hotline: 0151-50528410, admissions hotline: 0151-50528410, admissions hotline: 0151-50528410, admissions hotline: 0151-50528410, admissions hotline: 0151-50528410, admissions hotline: 0151-50528410.